

## 2011 AUTUMN TRAINING RIDE SCHEDULE HASTINGS

All rides start at 8.00am, Cnr Warren St and Heretaunga St, outside Rebel Sport.

Sundays	Ride		Long Ride		
April	24	Swamp/Puketapu/ Springfield/Highway 50	40k	Swamp/Apley/Westshore/Port/SH 2	90k
May	1	Camp David Return	60k	Camp David / Kahuranaki	90k
	8	Sherenden and Return	70k	Sherenden/Otamauri/Whana/Ohiti	95k
	15	Maraetotara and Return	70k	Maraetotara/TukiTuki/Haumoana/Clive	100k
	22	Rawkawa , Torrins, Whakapirau Ret	65k	Rawkawa, Torrins, TeOnepu, Te Aute Trust, Middle Rd	95k
	29	Kereru (Big Hill Cnr) Ret	84k	Kereru, Salisbury Road Return	95k
June	5	Swamp/Apley/Puketapu/Return	65k	Swamp/Apley/Glengarry Taupo Road cnr/Return via Puketapu	95k
	12	Ohiti Rd, Crownthorpe Return	74k	Ohiti Rd, Whanawhana, Otamauri, Ohiti Return	110k
	19	Kahuranaki Station Return	58k	Kahuranaki, Patangata, Middle	90k
	26	Whakapirau, Torrins, Ret	65k	Tour of the Bay Circuit	110k
July	3	Lawn Road, Tuki Tuki	45k	Lawn Road, Tuki Tuki, Ocean Beach	80k ?
	10	Camp David Return	60k	Camp David, Te Kura, Otane. Argyll, Raukawa	110k?
	17	Rawkawa, Valley Omahu, Puketapu, Expressway	70k ?	Old Tour of the Bay Circuit	120k
	24	Expressway, Ahuriri, Port, SH2 Clive Return	48k	Expressway, Bayview, Seafield Rd, Apley	85k
	31	Pukehomoamo, Ohiti Ret	54k	Pukehomoamo, Crownthorpe Settlement, Otamuari, Sherenden	90k
Aug	7	Tuki Tuki, Lawn, Napier Rd	45k	Maraetotara Return	70k
	14	Bridge Pa, Valley Rd, Return	50k	Whakapirau Rd, Torrins, Raukawa	70k
	21	Camp David Return	60k	Camp David, Te Kura, Elsthorpe Rd, Return	70k
	28	Swamp, Puketapu, Springfield Return H50	40k	Swamp, Puketapu, Puketitiri, Seafield Ret via Port	90k
Sep	4	Bridge Pa, Valley Rd, Return	50k	Kereru, Salisbury Road Return	95k
	11	Pukehomoamo, Ohiti Ret	54k	Sherenden/Otamauri/Whana/Ohiti	95k
	18	Tuki Tuki, Lawn, Napier Rd	45k	Kahuranaki, Patangata, Middle	90k

Please stop and assist with punctures when ride does not return on same road.  
Please ensure that your tyres are of a good standard, no one really wants to stop.